



# My Dental Channel

*enriching lives, exceeding expectations*

**Continuing Education Center delivered in  
audio and video for the Dental Professional**



## *My Dental Channel's Inspiration for the Week*

***"Most of us will not move until the discomfort of our current position  
is greater than the discomfort of change."***

**In practice:** Welcome the shift, the stretch, the reach beyond your comfort. Too often we focus on being comfortable, rather than being our best. Strive toward your best; your patients, your family and all those around you deserve your very best.

So, start stretching and growing!

**Your host, John Buzza**

**Got Questions? We have Answers. Visit our "Ask the Expert" area on our site.**

**[mydentalchannel.com](http://mydentalchannel.com)**

**Or you can call in your questions to our Ask the Expert Hotline:**

**(214) 615-6505 ext 2467**